



# What to Bring

*Please ensure that all items are named.*

## CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet so you should bring a change of clothes with you each day.

### Tops & jackets

Long-sleeved shirts/t-shirts  
Waterproof jacket  
Fleece/jumpers

### Trousers or leggings

Ideally not jeans as they get heavy and cold when wet,  
Waterproof trousers





### Underwear & socks

Your socks will need to cover your ankles. It's best to have your legs covered to protect them from stinging nettles.

## FOOTWEAR

A spare pair of trainers or wellies

## OTHER ITEMS

-  Lunch box and snacks – we will let you know if there is a need to ban any particular ingredients due to allergies.
-  Water bottle – it needs to be a reusable bottle and have your name on.
-  Sun hat
-  Sun cream

**PLEASE DO NOT BRING**



Electrical devices  
Computer games  
Jewellery/valuables